

Course Outline		READING WEDNESDAYS 7.30 - 9.30pm Facilitators: Julie Raymen & Elizabeth Mulhern
WEEK 1	<ul style="list-style-type: none"> • Introductions • Overview of course and attachment theory 	1 st March 2017
WEEK 2	<ul style="list-style-type: none"> • Care giving and the attachment system • House Model of Parenting 	8 th March 2017
WEEK 3	<ul style="list-style-type: none"> • Internal working model • Impact of trauma • Hidden needs and expressed needs 	15 th March 2017
WEEK 4	<ul style="list-style-type: none"> • Brain Development – the impact of trauma on development and developmental stages 	22 nd March 2017
WEEK 5	<ul style="list-style-type: none"> • Attunement and empathy • Helping children to manage emotion 	29 th March 2017
WEEK 6	<ul style="list-style-type: none"> • Protecting the family atmosphere • Creating a feeling of belonging 	5 th April 2017
EASTER BREAK		12 th April 2017 & 19 th April 2017
WEEK 7	<ul style="list-style-type: none"> • Looking after yourself • Couple relationship 	26 th April 2017
WEEK 8	<ul style="list-style-type: none"> • Parenting with PACE 	3 rd May 2017
WEEK 9	<ul style="list-style-type: none"> • Structure and supervision 	10 th May 2017
WEEK 10	<ul style="list-style-type: none"> • Managing confrontation and coercive interactions 	
WEEK 11	<ul style="list-style-type: none"> • Thinking, feeling and behaviour choices 	17 th May 2017
WEEK 12	<ul style="list-style-type: none"> • Course summary, feedback and evaluation 	24 th May 2017